

\$3.00 Suggested Donation

# March Menu 2022

Call 401-625-6790 to order

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p>	<p><b>1</b> Chicken Soup w/ orzo <b>Chicken Cordon Bleu w/ gravy</b> Lyonnaise Potato Roasted Zucchini Fruit Cocktail Rye Bread Chicken Loaf w/ mayo on Rye</p>	<p><b>2</b> Lentil Soup <b>Baked Fish w/ Crumb Topping</b> Mashed Potato Garlic Spinach Cookie Wheat Bread Fish Sandwich w/Tartar Wht</p>	<p><b>3</b> Tomato and Basil Soup <b>Roast Turkey w/ gravy</b> Corn Bread Stuffing California Vegetables Fresh Fruit Marble Bread Turkey&amp; Cheese w/ mayo on Marble</p>	<p><b>4</b> Italian Wedding Soup <b>Meatballs w/ sauce</b> Pesto Pasta Mixed Vegetables Brownie Italian Bread Meatball Sub on Grinder Roll</p>
<p><b>7</b> Vegetable Soup <b>Pub Burger w/ mushroom gravy</b> Rice Pilaf Carrots Pudding Dinner Roll Pub Burger w/ Mustard / Roll</p>	<p><b>8</b> Split Pea Soup <b>Baked Ham w/ Pineapple slice</b> Sweet Potato Prince Edward Vegetables Lorna Doones Pumpnickel Bread Ham and Cheese w/ mustard on pumpnickel</p>	<p><b>9</b> 100% Juice <b>Beef Tips w/ mushrooms</b> Buttered Noodles Capri Blend Vegetables Sliced Peaches Oatmeal Bread Roast Beef w/ mayo on oatmeal</p>	<p><b>10</b> Beef Noodle Soup <b>Grilled Chicken w/ Cucumbers, Mandarin Oranges, Crispy Noodles, Iceburg Lettuces w/ Sesame Dressing</b> Croissant Fresh Fruit Grilled Chicken on croissant</p>	<p><b>11</b> Red Chowder <b>Stuffed Sole</b> Mashed Potato Broccoli Slaw Tapioca Pudding Wheat Bread Fish Sandwich w/ tartar on wheat</p>
<p><b>14</b> Lentil Soup <b>Italian Style Chicken Cutlet</b> Seasoned Tortellini Winter Blend Vegetables Yogurt Italian Bread Chicken Culet w/ mayo Italian</p>	<p><b>15</b> Chicken Soup <b>Pork Loin w/ gravy</b> Wild Rice Mixed Vegetables Lemon Pudding Rye Bread Pork Loin and Cheese / Rye</p>	<p><b>16</b> Turkey and Rice Soup <b>American Chop Suey</b> Elbow Pasta Baby Whole Carrots Fresh Fruit Multi Grain Bread Roast Beef and Cheese w/ mayo on Multi</p>	<p><b>17</b> Split Pea Soup <b>Corned Beef w/ mustard</b> Boiled Potato Carrot and Cabbage Mix Jello Pumpnickel Bread Corned Beef and Swiss on Pumpnickel w/ mustard</p>	<p><b>18</b> White Chowder <b>Crab Cake w/Tartar Sauce</b> Rice Pilaf Broccoli Slaw Brownie Dinner roll Crab Cake w/ tartar on roll</p>
<p><b>21</b> Pasta and Bean Soup <b>Italian Sausage w/ mustard</b> Oven Roasted Potato Peppers and Onions Fruit Cup Roll Italian Sausage w/ mustard on roll</p>	<p><b>22</b> Barley Soup <b>Meatloaf w/gravy</b> Garlic Mashed Potato Tomato/Cucumber Salad Pudding Wheat Bread Meatloaf w/ ketchup on wheat</p>	<p><b>23</b> Butternut Squash Soup <b>Chicken Masala</b> Rice Pilaf Broccoli Cuts Fresh Fruit Multi Grain Bread Chicken Salad on Multi</p>	<p><b>24</b> 100% Juice <b>Beef Stroganoff</b> Buttered Noodles Sliced Carrots Cookie Rye Bread Ham and cheese on rye w/ mustard</p>	<p><b>25</b> Clear Chowder <b>Vegetable Burger</b> Au Gratin Potato Mixed Vegetable Fruit Bar Wheat Bread Vegetable Burger/must/wheat</p>
<p><b>28</b> Chicken Soup <b>Veal Parm w/ sauce</b> Seasoned Pasta Three Bean Salad Yogurt Italian bread Veal Parm on Italian</p>	<p><b>29</b> Potato and Leek Soup <b>Grilled Chicken w/Lettuce and Dressing</b> Whole Wheat Roll Fresh Fruit Grilled Chicken on a Roll</p>	<p><b>30</b> Minestrone Soup <b>Pot Roast w/ gravy</b> Mashed Potato Mixed Vegetable Wheat bread Pudding Cup Pot Roast on Wheat</p>	<p><b>31</b> Escarole&amp; Bean Soup <b>Lasagna Roll up / sauce</b> Roasted Brussel Sprouts Brownie Garlic Roll Bologna and cheese</p>	<p><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens Menu Items are Subject to Change</i></p>

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